

40th Annual Grunski Runski REGISTRATION FORM

Entry Fee: \$25

Make checks payable to: City of Menasha
 Send form and payment to: 100 Main Street, Suite 200
 Menasha, WI 54952

Please complete separate form for each participant

**Online registration available at:
www.runsignup.com
 search Grunski Runski**

Name: _____

Gender (check one): M F

Date of Birth: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Email Address: _____

T-Shirt Selection

(performance tee guaranteed for those registered by July 27)

Men's

S	M	L	XL	XXL Add \$2.00	XXXL Add \$2.00
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Women's Specific

S	M	L	XL	XXL Add \$2.00	XXXL Add \$2.00
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Youth sizes

M	L
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Total Enclosed: _____ \$

COVID-19 WARNING: The novel coronavirus, COVID-19, remains a threat and is extremely contagious. Your participation in this event could increase your risk of contracting COVID-19. Remember to follow CDC guidelines when participating in a public event.

Waiver (must be signed)

I enter this event at my own risk and agree to hold the City of Menasha, all race sponsors, and all workers or volunteers associated with this event harmless for all liability, damage or personal injury I may sustain out of my participation in this event. If applicable, as parent or guardian, I have explained to my child to the best of my ability, the risks associated with running or walking this event, and all risks associated with participation in this event.

Entrant's Signature

(Parent or Guardian's Signature if entrant is under age 18)



5K RUN/WALK

Saturday, August 8, 2020

Jefferson Park • Menasha, WI

5 Start Times:

8:00am, 8:20am, 8:40am, 9:00am, 9:20am

Register for your desired start time

Only 25 participants per time slot

\$25 Registration Fee

includes a cool performance t-shirt and post-race re-fueling station!

Overall Male and Female Awards Given

Online registration at
www.runsignup.com
(search Grunski Runski)

Register by July 27
to receive a t-shirt

Registration deadline August 3
NO RACE DAY REGISTRATION PERMITTED

Thank you to our Sponsors

